University College London Hospitals NHS
NHS Foundation Trust

Debajit Sen-Consultant
Nicola Ambrose-Consultant

Nicola Daly-CNS

University College Hospital
Adolescent Rheumatology Department
3rd Floor Central
250 Euston Road
LONDON
NW1 2PQ

Main Switchboard: 0845 1555000/
0203 456 7890*

Adolescent Secretary: 0203 447 9215

Appts: 0203 447 9393
Fax: 0203 447 9278
uclh.rheumatology@nhs.net
Research Web-site: www.centre-for-adolescent-rheumatology.org
Main Hospital Web-site: www.uclh.nhs.uk

* Please check your provider charges to decide which number will be cheaper to use, as individual packages vary

April 2017

Re: Support Group for Young People with Lupus.
Date: Sunday 21st May 2017
Time: 1.30pm – 4.30pm
Venue: 52 Club, 52 Gower Street Basement, London, WC1E 6EB

We would like to offer you the opportunity to attend our support group aimed at young people with lupus. The group is open to anybody between the ages of 16-26 even if you don't live in London and are happy to travel - the more the merrier.

The aim of this group is to give you the opportunity to meet with others in a similar situation to yourself. We hope it will allow you to freely discuss important issues, to share experiences and offer guidance and support to each other. Lupus in young people is not common so it's a great chance to meet each other and see that you are not alone.

The frequency of each meeting and the topics discussed will be decided by you the group so that it fully facilitates your needs and fits in with school/work and social timetables.

We are extremely privileged to be joined again by Chris Wincup for part of this next meeting. Chris is a LUPUS UK-Funded Research Fellow in adolescent lupus at UCLH. He will be talking about depression, anxiety and mental wellbeing in lupus as well as answering any questions you may have. If you have any particular questions or areas that you would like to be covered, please feel free to send them to me by email in advance of the meeting.

If you have any questions of would like to confirm attendance please contact me on **01708 731251** or email **paul@lupusuk.org.uk.** We really hope to see you there.

Yours sincerely,

Paul Howard
Social Media & Projects Officer
LUPUS UK